



Welcome Back to Yoga Loft!

We are so happy you continue to call Yoga Loft home. To keep our community safe and our time together as peaceful as possible, we ask you to please thoroughly read and follow our safety instructions.

What We're Doing:

- All class sizes are very limited
- All staff will have their temperature checked before their class
- Hand sanitizer will be available at high trafficked locations in the lobby
- All surfaces will be sanitized between classes
- There will be no shared mats or props for the time being

Before coming to class:

- Advanced registration is required. No walk-ins. There will be a waitlist and you will be notified an hour before if a spot opens
- Bring your own mats and props. We will have some for purchase in our boutique, or buy them online at yogaloftmbstore.com
- Consider minimizing the amount of additional personal items brought into the studio
- Please do not come if you are feeling in any way unwell. Anyone with symptoms of illness will be asked to leave. You can still join us virtually!!



When arriving to class:

- Arrive at least 10 minutes prior to class. Doors will close two minutes before the start of class. We cannot accommodate latecomers!
- When entering the building, maintain a social distance in the hallway until you are called into the studio, one at a time
- Place your shoes and belongings in a cubby
- Sanitize your hands!
- You will get your temperature checked (non-contact) and asked a few questions related to possible COVID-related symptoms
- Masks are required throughout the practice. No exceptions.
- Do not touch or adjust the filming equipment in any way

During class:

- Please refrain from talking during class
- The restroom will be unlocked if you need to use it before or during class. We are not responsible for maintenance of common spaces and you use at your own discretion
- Please remain on your mat during class
- Do not adjust anything pertaining to airflow: open windows, fans, air purifiers, etc. We will be opening our windows and doors and running the fan for all classes. Please bring layers if you need

After class:

- Feel free to talk to the teacher from your mat once the teacher has ended the virtual class and taken off their microphone
- Please exit one at a time, rear spots first. Wear your mask as you exit
- Remove your belongings and exit the studio
- Sanitize your hands
- We welcome communing after class! But we ask that you exit the building and speak outside of respect for our neighbors

Signing Up:

- Due to limited space, in most classes priority will be given to VIP members (though classes will also be streamed) There will be limited options for in-studio drop-ins
- Make sure you are signing up for the right option (virtual or in person)!
- If your class package has expired while we have been closed, we will extend it for three months. We have to do this manually, so if you find that we have missed your account, please let us know
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- We can no longer honor packages that were purchased prior to the current ownership of the business (Feb 2019)
- Unused class packages can be converted to be used toward membership



Pricing Options:

- "VIP" (Virtual & In Person): \$140/month recurring unlimited (for a limited time only!) - unlimited in person and virtual classes, Videos on Demand, Members-only events and thank yous
- Virtual membership: \$45/month recurring unlimited virtual streaming and Videos on Demand
- In-studio drop-ins (limited classes only): \$28 per class



Also please remember:

- We will not be accepting cash - all transactions will be completed with the card we have on file
- If you are unable to attend and do not cancel at least 3 hours prior to class you will be charged the full drop-in rate (\$28)
- We have set the camera up so that students under most circumstances will not be seen, but as most classes will be livestreamed and there is potential you will be on camera
- Let us know if you want to stay and shop at the boutique - we are cashless and will charge your card on file. But you could also come visit us between 1-4pm on Wellness Wednesdays!
- Questions? Ask one of our teachers or staff!

